The Women’s Safe House has already helped 153 women and children who were escaping violence in 2019. As the summer approaches, we know that there may be an increase in the number of women that call looking for safe shelter. Research shows that domestic violence increases slightly in the summer months. While the cause of this is not entirely known, it is believed that the increase in temperatures and children being more present in the home may lead to higher aggravation which can lead to higher rates of violence.

It is important for friends, family members and advocates to understand what it takes for a victim to leave the abuser. If a loved one confides in you that they are ready to leave, or that they might be hesitant to leave here are some resources to help you understand how to support them. See the tools below to learn more about helping a loved one.

ON AVERAGE A WOMAN RETURNS TO HER ABUSER 7 TIMES

22 - 57% OF ALL HOMELESS WOMEN REPORT DOMESTIC VIOLENCE AS THE IMMEDIATE CAUSE

Online Resources:
Why Victims Stay
Tool Kit for Leaving
National Domestic Violence Hotline
QUIZ

Have you ever had a friend confide in you that they were a victim of domestic violence?

Did you question why they didn’t just leave the relationship?

It’s common for outsiders to think that leaving an abusive relationship is easy but the statistics show that it’s much harder than one may think.

Test your knowledge to see if you understand why it isn’t easy to leave.

Take the quiz here.

Leaving an Abusive Relationship

There are many steps to leaving an abusive relationship. Understanding those steps gives you a better insight into what a victim is going through and allows you to better respond. Leaving the relationship is only the beginning of the healing process.

You can download the myPlan app to come up with an individual safety plan.

If you need to talk our advocates are here to listen.

Crisis Intervention Hotline
Number
314-772-4535

Volunteer

We are looking for volunteers in our childcare area.

Monday - Friday from 2 pm - 4 pm
&
Monday - Thursday from 6:30 pm - 7:30 pm

Contact Monica at mdubois@twsh.org or 314.772.4535
Ways to Donate

Our Wish List

Our current list of needed items are:

- Household cleaning items
- Small kitchen appliances
- Toilet Bowel Cleaner & Brushes
- Small trashcans
- Laundry Baskets
- Bath towels (New)
- Pillows (New)
- Blankets (New)
- Clothes for boys age 6 - 16 (new or gently used)
- Uniforms sizes 3T - 14/16
- Tennis shoes for both girls and boys of all ages and sizes (new or gently used)

If you have items on this list to donate please email Burgandy at bfitzhenry@twsh.org

You can also shop our Amazon list and have it sent directly to us without any hassle of planning a time to meet.

Support the House Today

No woman or child should have to live in violence. That is why The Women’s Safe House is here.

In 2018, we provided 14,401 nights of shelter to women and children in our community. On average, it costs $69.30 per person each day for shelter, food, clothing, personal care items, and in-depth support services.

Please help us provide 14,000 more nights of shelter this year by making a financial gift today.

Any donation over $100 is eligible for a MO State tax credit at 50% of the donation amount.

Donate Now

Upcoming Events

Back-to-School Uniform Drive
June 3rd - 28th

We are in need of new uniforms for the next school year for all sizes 3T - 14/16.
Polo’s - White or Navy
Pants - Navy or Khaki

If you are able to donate please contact Burgandy Fitzhenry.

You can also shop for uniforms on our Amazon Wish List.

TWSH Golf Tournament
Monday, August 19th
11 AM - 7 PM
Get your golf team together and swing into action by attending our 27th Annual Golf Tournament. Proceeds benefit woman and children fleeing domestic violence. Just by enjoying a beautiful day on the course you are helping those in need in our community.

The Courses at Forest Park - 6141 Lagoon Dr, St. Louis, MO 63112

Register Here

Yas, Brunch!
September 15th
10:30 AM - 12:30 PM

Join our Young Professional Board as they host their 2nd brunch event. All proceeds will benefit The Women's Safe House.

There are sponsorship opportunities available. Registration opens July 1st.

Visit our Website

Proud member of United Way of Greater St. Louis