



News & Updates

This Spring has been busy at The Women's Safe House. From volunteer groups to Sexual Assault Awareness month and the Tennis Ball, check out what we have been up to and how you have made a difference.



Purdue Volunteers

In March, TWSH was lucky enough to host a group of volunteers all the way from Indiana for a week of service learning. This amazing group of women were determined to learn about domestic violence and make a difference in our shelter. They made a lasting impact by cleaning and reorganizing our donation area making it easier to quickly get needed items to our residents. Thank you to the powerful ladies of Purdue. Your teamwork and dedication is inspiring!

Sexual Assault Awareness Month

April is Sexual Assault Awareness Month. It's a time that we as a community need to come together to educate others about the seriousness and prevalence of assault in our community and nation.

The sexual assault statistics in the United States are startling:

- Every 2 minutes, a person in the U.S. is sexually assaulted with over half of those assaults go unreported to law enforcement.
- About 44% of victims are under the age of 18, many of whom know their attacker.
- It's estimated that 1 in 6 women and 1 in 33 men in America will have experienced an attempted or completed rape in their lifetime.

To spread awareness and education TWSH set up booths in the area to collect #MeToo stories. We wanted to hear first hand how sexual assault impacts our community. We wish we could say that we were surprised by the stories but unfortunately they are all too common. The one thing we noticed was that we got a lot of letters of support for survivors in our community. It is imperative that we not only listen but we believe those who confide in us.

So thank you to all those that came together and took a stand against sexual violence.

They didn't believe me



#MeToo



Tennis Ball Party

On April 28th, TWSH held its second Tennis Ball Party at Creve Coeur Racquet Club. The weather was perfect, the food was delicious, and the band was rockin! We cannot say thank you enough to the Apted family for allowing us to use their racquet club, to all of our committee members that organized the event and to the Footfaults for providing the live entertainment. Because of the amazing support we received from donors we raised over \$13,000. The Tennis Ball truly was a grand slam!



Walk a Mile in Her Shoes

April 29th was the 3rd Annual Walk a Mile in Her Shoes event hosted by the men of Beta Theta Pi Fraternity at St. Louis University. With the help of the Young Professionals Board of The Women's Safe House, people came together to show support for victims of sexual and domestic violence. The group of about 100 supporters walked around campus while the men marched in heels to show their support for victims of sexual assault. We are grateful to have a group of young men raising support for The Women's Safe House and spreading awareness of sexual assault on and off campus. A huge thank you belongs to Beta Theta Pi for organizing the walk and the Young Professionals Board for their support. Thank you to all those that came out to the walk to show support. Together we can make a difference one step at a time!



Grand Re-opening of the Family Kitchen

Over the past few months our family kitchen has been getting a makeover. On April 30th we celebrated the long awaited grand re-opening. The new kitchen features updated appliances, beautiful new cabinets and floors. The new cabinets allow every resident/family to have their own lockable cabinet to store their personal food items.

Our family kitchen is the house epicenter and a place for women and children to enjoy their meals on their own time. We are pleased that we can give each resident a comfortable place to hang out with their family and catch up on the days activities in a space that truly feels like home. Thank you to all the donors that made this renovation possible!

Upcoming Events

- **May 13th: Mother's Day** Celebrating the mothers in shelter that made the tough yet courageous decision to escape with their children to safety. We are grateful to The Traditional Congregation for donating mother's day bags that will be given to all the women in shelter. It's Your Birthday will be providing sweet treats for the ladies and Reverend Peterson will be cooking a delicious mother's day dinner.
 - **May 13th - May 19th : National Women's Health Week** Each year TWSH staff celebrates NWHW with it's "Passport to Health" Campaign, a week of healthy lifestyle activities from healthy cooking to yoga.
 - **August 20th: 26th Annual Golf Tournament** Swing into action and support women and children impacted by domestic violence. [Learn More or Register today](#)
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