Four Types of Abuse

**Physical Abuse**
- Scratches, bites, grabs or hits
- Shakes, shoves, or slaps
- Strangles or restrains partner
- Confines partner
- Withholds food as punishment
- Throws objects at partner
- Refuses to help when partner is sick
- Withholds medication or treatment
- Attacks partner with weapons
- Murders partner

**Sexual Abuse**
- Calls partner sexual names
- Accuses partner of promiscuity
- Pressures partner to have sex
- Withholds sex as punishment
- Forces sexual acts by manipulation
- Rapes partner
- Inflicts injuries that are sex-specific
- Denies contraception or protection
- Coerces partner into sexual acts that are uncomfortable or degrading

**Psychological Abuse**
- Verbally abuses partner
- Plays mental mind games to manipulate
- Ignores partner’s feelings
- Attacks partner’s vulnerabilities
- Withholds affection as punishment
- Threatens to leave partner
- Stalks partner

**Economic Abuse**
- Controls partner’s finances
- Denies partner’s financial means
- Ruins partner’s credit rating
- Refuses to allow partner to pursue employment or education